

New York Times BESTSELLING AUTHOR

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MAXWELL

15
THE
INVALUABLE
LAWS OF
GROWTH

LIVE THEM
and REACH YOUR POTENTIAL

Welcome

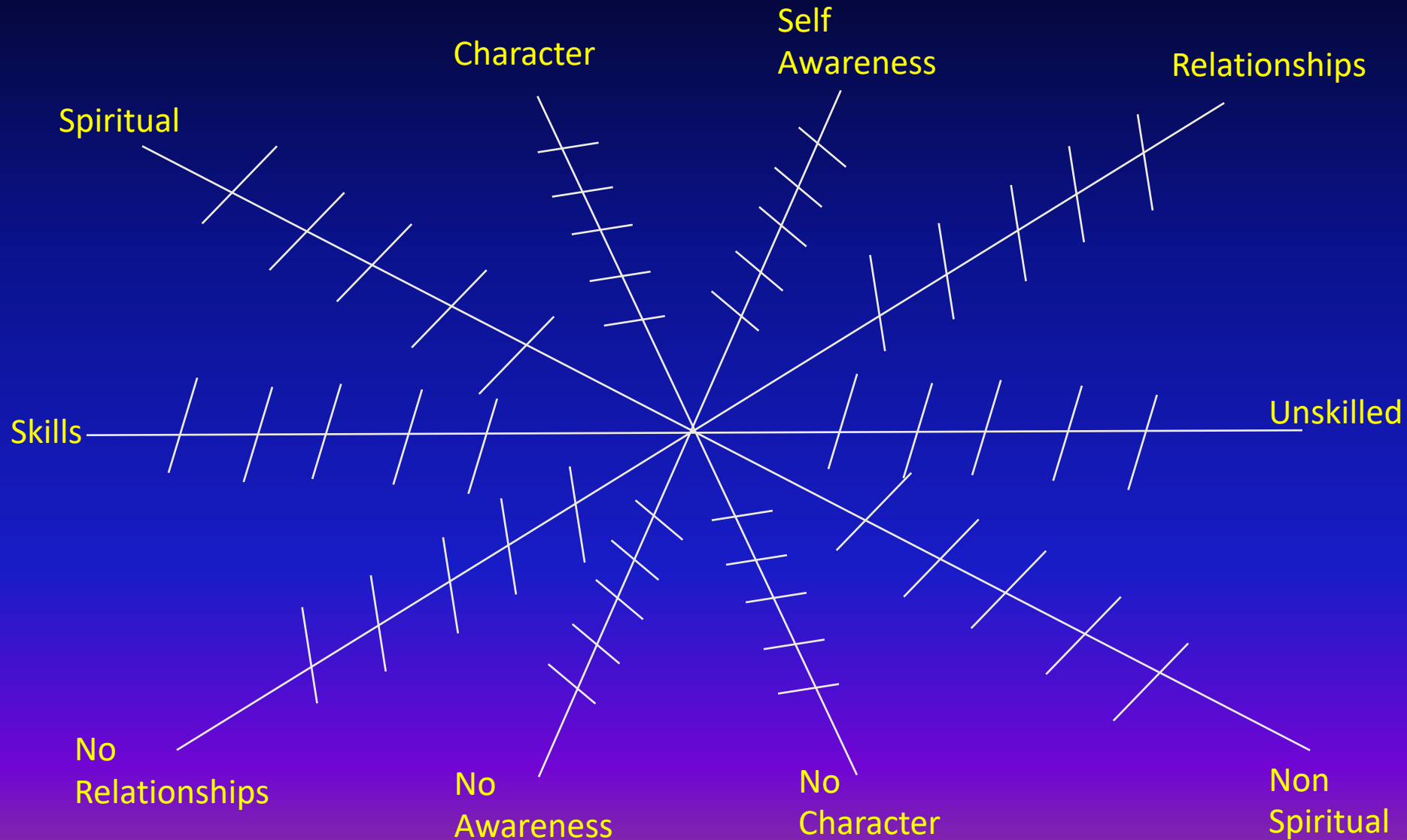


Cheri Thompson

15 Invaluable Laws of Personal Growth

The Law of	Description
Intentionality	Growth doesn't Just Happen
Awareness	You must Know Yourself to Grow Yourself
The Mirror	You must See Value in Yourself to Add Value to Yourself
Reflection	Learning to Pause Allows Growth to Catch up with You
Consistency	Motivation gets You Going – Discipline keeps You Growing
Environment	Growth Thrives in Conducive Environments
Design	To Maximize Growth, Develop Strategies
Pain	Good Management of Bad Experiences Leads to Great Growth
The Ladder	Character Growth Determines the Height of Your Personal Growth
The Rubber Band	Growth Stops when You Lose the Tension Between Where You are and Where You Could Be
Tradeoffs	You Have to Give Up to GO Up
Curiosity	Growth is Stimulated by Asking Why?
Modeling	It's Hard to Improve When You Have No One Else But Yourself to Follow
Expansion	Growth Always Increases Your Capacity
Contribution	Growing Yourself Enables You to Grow Others

Growth Areas



THE LAW OF INTENTIONALITY

Growth Doesn't Just Happen

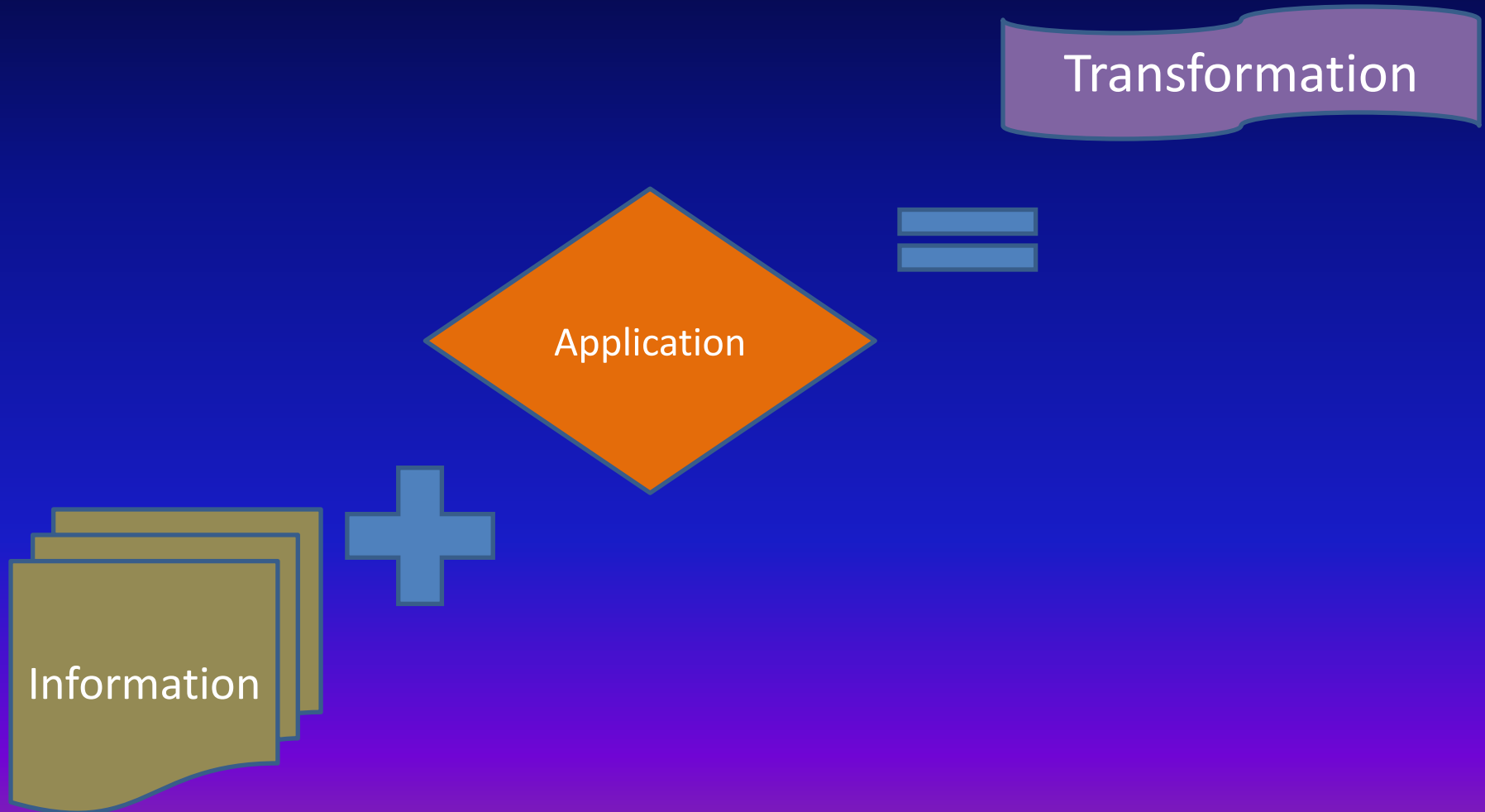
Do You Have a Plan To Grow?



Growth is not natural...

The Law of Intentionality

Growth Components



The Law of Intentionality: Growth Gaps

The Assumption Gap

- I will automatically grow

The Knowledge Gap

- I don't know how to grow

The Timing Gap

- It's not the right time to grow

The Mistake Gap

- I am afraid of making mistakes

The Law of Intentionality: Growth Gaps

The Perfection Gap

- Need the best way before I start

The Inspiration Gap

- I don't feel like growing

The Comparison Gap

- Others are better than I am

The Expectation Gap

- I thought it would be easier

Ask The Big Questions Now

Where do you want to go in life?

How will you get there?

What's the farthest you can imagine going?

How long will it take?



Face The Fear Factor

Fear of failure

Fear of trading security for the unknown

Fear of being overextended on resources

Fear of what others think

Fear of pushing others away



The Law of Intentionality

Do You Have a Plan To Grow?

Now ask Yourself...

**Which emotion is stronger;
The desire to change and grow,**

Fear of failure

Fear of trading
security for the
unknown

Fear of being
overextended on
resources

Fear of what
others think

Fear of pushing
others away

or one of these fears?



The Law of Intentionality

Accidental Growth							Intentional Growth			
0	1	2	3	4	5	6	7	8	9	10
Plans to start tomorrow							Insists on starting now			
Waits for growth to come							Takes responsibility to grow			
Learns only from mistakes							Learns before mistakes			
Depends on good luck							Relies on hard work			
Quits early and often							Perseveres long and hard			
Falls into bad habits							Fights for good habits			
Talks big							Follows through			
Plays it safe							Takes risks			
Thinks like a victim							Thinks like a learner			
Relies on talent							Relies on character			
Stops learning after graduation							Never stops learning			

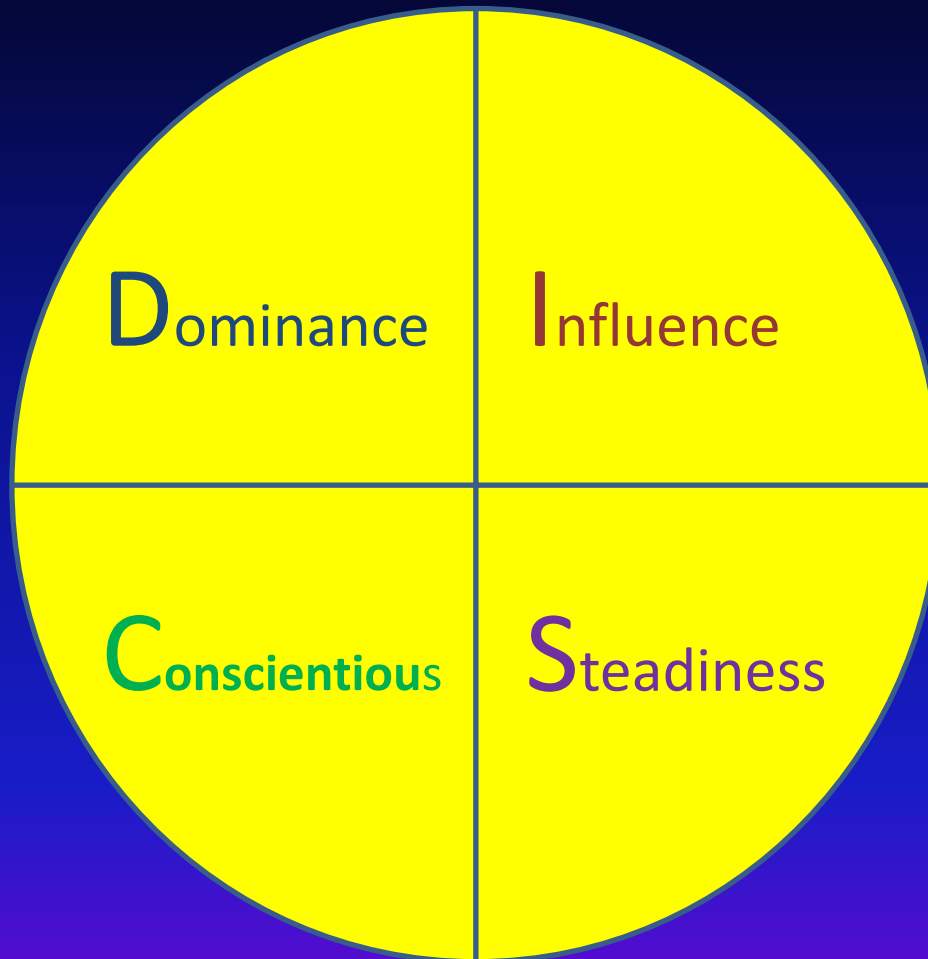
The Law of Intentionality Review

- _____ doesn't just happen (fill-in-the blank)
- What are the 5 Growth Areas?
- We discussed 8 Assumption Gaps, name 3.

Q&A

The Law of Intentionality Homework

DISC



<http://discpersonalitytesting.com/free-disc-test/>

FREE

The Law of Intentionality

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THE LAW OF AWARENESS

*You must know yourself to grow
yourself*

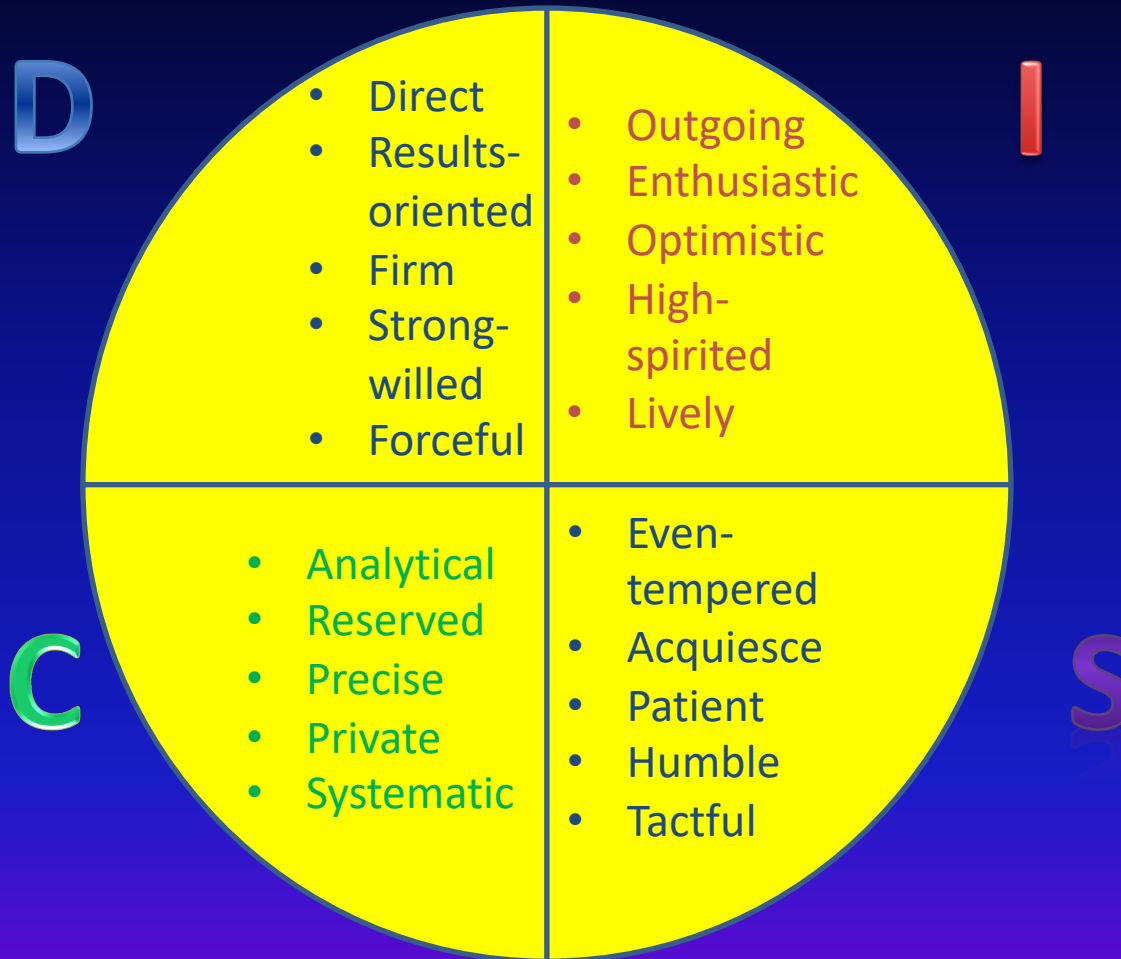
WHO ARE YOU?



The 15 Invaluable Laws of Growth

The Law of Awareness

DISC



To Grow Yourself, You Must Know...

Your Strengths

Your Weaknesses

Your Interests

Your Opportunities

Where you Are - where you want to Be



3 Kinds Of People Finding Direction

People who don't know what they would like to do

They are fickle

People who know what they want, but don't do it

They are frustrated

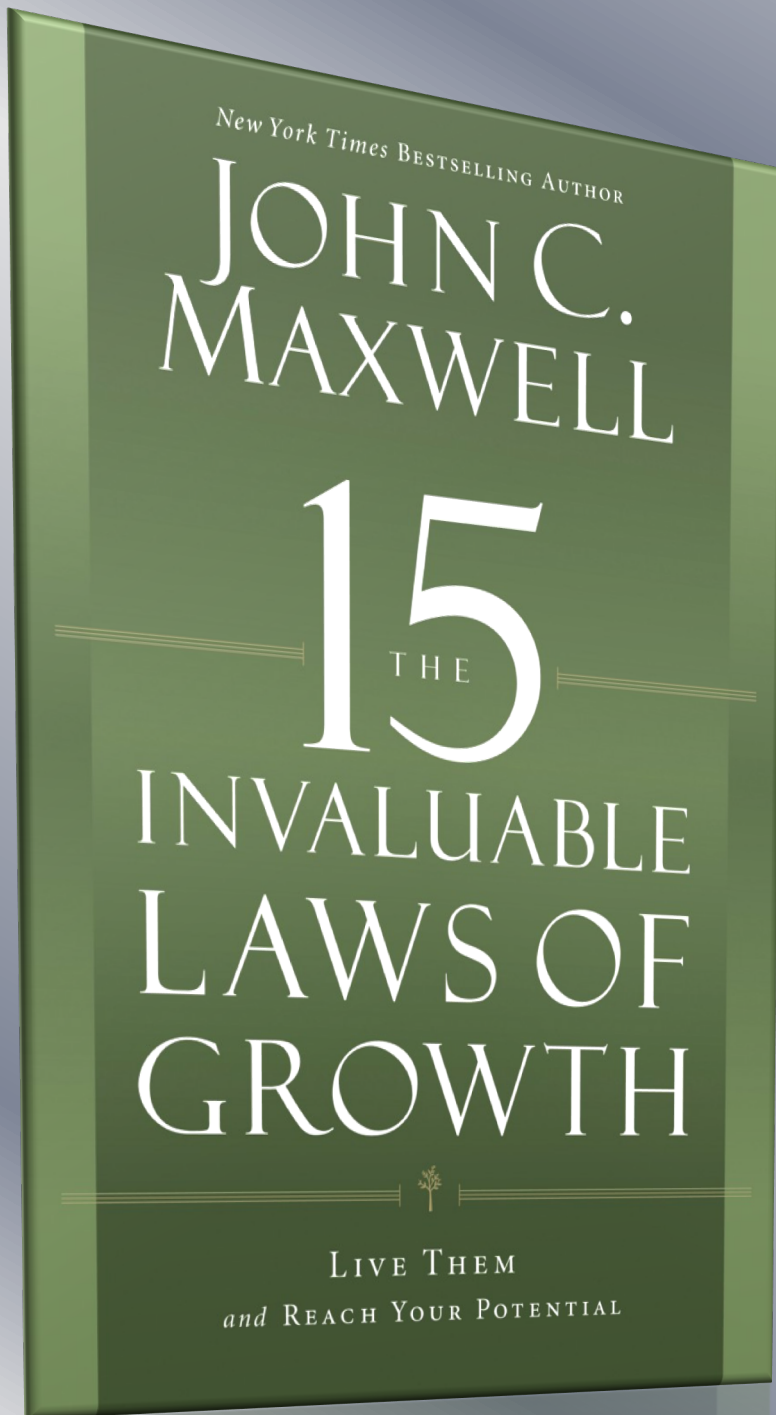
People who know what they want, and do it

They are fulfilled



A woman with blonde hair tied back, wearing a dark jacket and a light-colored skirt, is sitting on a sand dune. She is looking out over a vast desert landscape at sunset. The sun is low on the horizon, casting a warm glow over the scene. In the background, there are rolling sand dunes and a few other people sitting further away. The word "AWARE" is written in large, white, 3D letters with a blue outline, floating in the air above the desert.

AWARE



Thank You



Cheri Thompson